

## Athletes for the Cross Code of Conduct PLAYER

1. I will never place the importance of winning over the physical and mental well-being of my teammates, my team, or my coach.

2. I will play with integrity for myself and for the game I am playing. I will not play with unsportsmanlike conduct in any manner. I will support the consequences that my coach puts into place for me if I dishonor myself or the team.

3. I will treat myself and my team with respect, understanding that my teammates have different emotional and physical needs.

4. I will not use drugs or tobacco, drink alcohol, use offensive language or behave inappropriately. Because I believe this code to be true and beneficial to me, I have the right to tell my coach if any of my teammates are violating any of the above mentioned items.

5. I will not dispute any calls made by the game officials (verbally or via body language/gesture). I will not try to disrupt the game in any manner. If I witness to anyone violating this code, I have the right to tell my coach who has the final say in all game situations.

6. I will remember that I am a teammate on this team, and that my fellow teammates are counting on me to be at practice and at games.

7. I will listen to my coach's instructions.

8. As an athlete, I am responsible for my behavior. Infractions of this **Code of Conduct** will result in disciplinary action, up to and including suspension or dismissal from the team. If disciplinary action needs to be taken, the appropriate AFC Leadership Team will convene, and I must abide by their decision.

9. I will do my best to adhere to this Code of Conduct.

Player's Signature: \_\_\_\_\_

Player's Printed Name:

Date: \_\_\_\_\_

A copy of this Code of Conduct must be signed and turned in before I can participate in AFC programs. Failure to turn in the form will result in me not being able to play.