



Athletes for the Cross

Participant Waiver and Release

PLEASE READ CAREFULLY, THIS DOCUMENT AFFECTS YOUR LEGAL RIGHTS AND IS LEGALLY BINDING. IN THIS AGREEMENT YOU ARE RELEASING "ATHLETES FOR THE CROSS" FROM ALL LIABILITY AND FOREVER GIVING UP ANY CLAIMS THEREFORE.

ASSUMPTION OF RISK

I, in my legal capacity as the parent/guardian of the minor named below ("Minor"), acknowledge and agree that any use of Athletes for the Cross facilities, services, equipment and premises ("Facilities") and any participation in Athletes for the Cross programs and activities ("Programs") comes with inherent risks including, but in no way limited to: (1) moderate and severe personal injury (2) property damage (3) disability (4) death and (5) sickness or disease. I voluntarily, for myself and Minor, accept and assume full responsibility for these risks as well as any and all other risks of the use of Facilities and participation in Programs. I agree that I have full knowledge of the nature and extent of all such risks and am not relying on all such risks being described in this document.

WAIVER, RELEASE, INDEMNIFICATION & COVENANT NOT TO SUE

In consideration of the Minor's use of Facilities and participation of Programs I, in my legal capacity as parent/guardian of Minor, agree on behalf of myself and Minor that Athletes for the Cross, its officers, directors, agents, employees, volunteers, insurers and representatives ("Releasees") will not be liable for any personal injury, property damage, disability, death, sickness or disease incurred by Minor, however occurring including, but not limited to, claims of negligence of Releasees. I understand that Minor and I will be solely responsible for any loss or damage, including personal injury, property damage, disability, death, sickness or disease sustained from use of Facilities and participation in Programs.

I further agree, in my legal capacity as the parent/guardian of Minor, on behalf of Minor, myself and any and all legal successors and proxies, to release and **HEREBY DO RELEASE, WAIVE AND COVENANT NOT TO SUE.** Releases from any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which Minor, myself, and any legal successors and proxies may have now or in the future, against Releasees on account of personal injury, property damage, disability, death, sickness, disease or accident of any kind, arising out of or in any way related to the use of Facilities or participation of Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to, the negligence of Releasees.

In further consideration of the use of Facilities and participation of Programs, I, in my legal capacity as parent/guardian of Minor, agree on behalf of myself and Minor to **INDEMNIFY AND HOLD HARMLESS** Releasees from any and all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence arising out of or in any way related to the use of Facilities and participation in Programs.

Prior to participation, I, as the parent/guardian, have reviewed the CDC's "Consideration for Youth Sports" <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>. I understand that if I, or Minor, fail to adhere to these guidelines, Minor will not be permitted to participate in Athletes for the Cross activities.

Minor Name (print clearly) _____

Parent/Guardian Name (print clearly) _____

Parent/Guardian Signature: _____

Date: _____